# BUGLE



The best activities guide around!

**MAY 2005** 



# MOTHER'S DAY BRUNCH

Camp Zama
Community Club

Sunday, 8 May 1000-1400

Adults: \$16.95 • Ages 8-12: \$7.95 • Ages 4-7: \$4.95 Ages 3 & Under: FREE • At the Door: \$2.00 Extra

Flowers for Mothers • All-U-Can-Eat Buffet • Information: 263-4547



# May 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1	2	PWOC Fellowship Zama Chapel Piano Recital	Mother's Day Card Making YS     Mongolian BBQ CZCC     Automotive Servicing Auto Craft Shop	• Cinco de Mayo YS • Breast Feeding Support Group Meeting ACS	Asian Pacific Heritage Month Observance CCC     Community Night CZCC     Pre-Mother's Day Dinner Buffet Sagami Lounge	"Bark in the Park" Historic Walk Tour     Great Japan Beer Festival Tour     Spring Biathlon Aquatics     PGA Free Lesson CZGC	
New Sanno     Mother's Day Brunch     and Odaiba     Tour      Mother's Day Brunch     CZCC	9	• PAC Meeting SHA CDC	Motorcycle Tuning and Servicing Auto Craft Shop     Mongolian BBQ CZCC	Pre-deployment Training ACS     Sponsorship Training ACS     Deployment Readiness Support Group Meeting ACS	• Mother's Day Tea Party SHA CDC	14 • Family Night Bowling Sagami Lounge • PWOC Leadership Training Religious Education Center • Doubles Tennis Tournament Sports	
Design Festa Tour     Nikko Edo Mura Tour     Mountain Biking at Yatsugatake ODR	• Violin Recital CCC • Parent Conference SHA CDC • "Dad's Parenting Babies" Workshop ACS	• Newcomer's Orientation CCC	Medical Morning and Community Tour ACS     Mongolian BBQ CZCC     Youth Development Conference YS	Newcomer's Train Class Part I ACS  Nichibei Friendship Golf Tournament CZGC	• Parents Night Out SHA CDC  • "6th Grade Happening" YS  • Shopping on the Economy ACS	• Newcomer's Train Class Part II  ACS  • Men's Breakfast Fellowship CZGC • Shimoda Black Ship Festval • Teen Kahuna Tour YS Sports	
Only o Bay Lunch Cruise and Kirin Beer Tour     Fuji Safari Park Tour	23	• Baby Love Seminar ACS		• Space Available Briefing ACS	• Quarters Beautification Award Ceremony Community	• Clam Digging Tour      • BBQ Party Sagami Lounge      • Bazaar CCC	
Bazaar     CCC     Kinoshita Circus     Tour     Kusatsu Hot Spring     Overnight Trip     Tour	• Tokyo Disneyland/ DisneySea Tour	31`	UPCOMING EVENTS:     • Gourmet Night - 10 June     • Zama Masters Golf Tournament - 11 & 12 June     • Father's Day Brunch - 19 June     • Newcomer's Orientation - 21 June     • International Weekend (Summerland) - 25 & 26 June				





The U.S. Army Garrison, Japan (USAG-J), MWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.



DMWR strives to provide individuals with disabilities reasonable accommodation, and

are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.



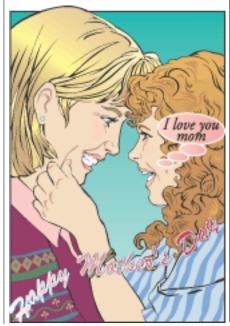
Academic Training Division	20
Army Community Service	7,8
Arts and Crafts	19
Auto Craft Shop	18
Calendar of Events	
Camp Zama Community Club	13,14
Camp Zama Golf Club	11,12
Chapel Activities	4
Child and Youth Services	5,6
Child Development Center	6
Community Cultural Center	16
Community Libraries	17
Directory of MWR Facilities	25
Directory of Program Managers	3
Outdoor Rec / Local Tours	21,22
Sagami Lounge	
Sports Office	9,10
Torii Station, Okinawa	23,24



#### THIS MONTH'S COVER

May is Asian-Pacific Heritage Month. Traditionally, Japan celebrates "Kodomo no hi" (Children's Day) on the 5th of May which is the final day of "Golden Week" - a string of national holidays. Most of the country will enjoy a 10 day vacation at the time this year. Eleven year old Toshino Carter, daughter of Mr. & Mrs. William Carter of Camp Zama, assists Zama's Art Instructor Masao Nunokawa making paper "Koi Nobori" decorations. You may see these colorful giant cloth forms in front of some houses. They represent carp (Koi) making numerous attempts to swim to the top of a waterfalls signifying perserverance.

Photo by Mr. Richard Haun, Technical enhancement by Hideko McKeta.



## ■ Chapel Activities • 263-4898

#### **CATHOLIC SERVICES**

**Mondays - Thursdays,** noon - 12:15, daily Mass. Blessed Sacrament Chapel

**Sundays,** 9:15 am, Mass, Zama Chapel

**Sundays,** 11 am, CCD, Religious Education Center

Childcare is provided for children up to age 36 months from 9 - 10:30 am in Bldg. 502 (building next to the chapel parking lot).

**1st Sunday,** 5 pm, Parish Potluck, Religious Education Center

**1st Friday,** 7:30 pm, CWOC Mass, Blessed Sacrament Chapel

**2nd Friday,** 7 pm, Our Lady's Rosary Makers, Religious Education Center

#### **PROTESTANT SERVICES**

**Sundays,** 9 am, Sunday School / Team-Kid, Religious Education Center

A nursery is provided for children up to age 36 months at Zama CDS, Bldg 502, during the time of Sunday services only.

**Sundays,** 11 am, Worship Service, Zama Chapel

**Sundays,** 5:30 pm, Youth Group, Chapel Annex

## SAGAMIHARA INSPIRATIONAL SERVICES

Sundays, 9 am, Sunday School,

Sagamihara Chapel

**Sundays,** 10:30 am, Worship Service, Sagamihara Chapel

## PENTECOSTAL WORSHIP SERVICE

**Sundays,** 8 am, Worship service, SHA Chapel

## SEVENTH DAY ADVENTIST SERVICES

**Saturdays,** 9:15 am, Sabbath Worship Service, Zama Chapel

**Wednesdays**, 6:30 pm, Prayer Meeting Service

**Fridays,** 6:30 pm, Vespers Service, contact Mr. Gilman at 263-9004 (W) or 046-293-0156 (H)

#### **JEWISH SERVICES**

**2nd and 4th Friday,** 5:30 pm, Yokosuka Naval Base Chapel, LCDR Gersh, 243-9511

#### **ECKANKAR**

An introduction to Eckankar, religion of the light and sound of God, will be on 3 June from 12:30 pm at the Religious Education Center, room 112. Call Sue at 267-6227 for more information.

#### **BUDDHIST SERVICES**

(Soka Gakkai International)

**Mondays and Fridays,** 7 pm, discussion and meditation, SHA Chapel,

contact Mr. Fulford at 046-257-0613 or Mr. Connie Slade at 268-4974.

#### ON GOING BIBLE STUDIES

**Wednesdays,** 6 - 8 pm, Protestant Women of the Chapel (PWOC) Bible Study, Zama Chapel, Carleen Dunn at 267-6275

**Thursdays,** 9:30 am, PWOC Bible Study, Carleen Dunn at 267-6275

#### **CHAPEL ACTIVITIES IN MAY**

**3 May,** 6 pm, PWOC Fellowship, Fellowship Room, Zama Chapel. **14 May,** PWOC Leadership Training. Religious Education Center.

ing, Religious Education Center, Carleen Dunn at 267-6275. **21 May** 6:30 am Zama Chapel

**21 May,** 6:30 am, Zama Chapel Men's Breakfast Fellowship, Camp Zama Golf Course.

The Zama Chapel has many other programs for you and your family (bible studies, youth groups, men's groups, women's groups, music programs). If you desire more information, please call the chapel at 263-4898.

## THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

(The Mormons)

**Sunday Services,** 2 - 5 pm at the LDS Chapel on Highway 16 **Tuesday Night Youth Service,** 7 pm at the SHA Chapel



■ Child and Youth Services • 263-4500

www.zamayouthcenter.org

#### YOUTH SERVICES HIGH SCHOOL LEADERSHIP PROGRAMS (9 - 12 GRADES) • Torch Club

is a middle school leadership group designed to assist girls and boys in becoming productive citizens. A Torch Club consists of an adult advisor and 6 - 15 boys and girls. Torch Club members learn that they can make a difference in the world by taking an active and responsible role in setting the direction of their own lives. By helping others, they experience the gratification and self-esteem that comes with being wanted and needed. The Middle School Torch Club meets Mondays at the CZ Youth Center.

• Keystone Club

is a high school leadership group who creates and maintains high standards of health, education, character and citizenship for teens to develop into responsible, productive adults. The Keystone Club offers teens the opportunity to: develop and use leadership skills; contribute to the community through service and volunteerism; foster understanding and respect between groups and individuals; learn life skills and information to live a responsible, fulfilled life; understand and participate in the free enterprise system through fund raising activities; enjoy fellowship and develop self-confidence. The Keystone Club meets twice a month at the CZ Youth Center.

#### • The Tech Club

is open to all youth services members and meets on Tuesdays at 3:30 pm in the Tech Lab. With the professional equipment and software the Tech Lab has, members learn life skills and on-hands experience by making, editing and producing video commercials, having photo shoots, creating web pages and web sites, producing graphic designs and much more.

# "YOUTH SPORTS AND FITNESS" May Activities

· Volleyball Clinic at the Youth Center is scheduled as follow:

2, 4, and 6 May Ages 9 - 12 (5:30 - 6:30 pm) Ages 13 - 15 (6:30 - 8 pm).

Softball pictures day:

9 am - 3 pm 14 May

■ he Camp Zama DJ

Club is a high school

leadership club which

The DJ Club learns and

and masters the youth

DJ Club members are

promotes music as a fine art.

discusses the different types

today. The club also practices

of music available to youth

center's state of the art DJ

equipment to prepare for all

MS and HS dances. The HS

required to mentor MS youth.

The DJ Club meets every 2nd

and 4th Monday of the month

at the Camp Zama Youth

Center.

 T-Ball, coach pitch, baseball pictures: 9 am - 3 pm

 "Hot Shots" (T-Ball pictures), ages 3 - 4: 9 am - 3 pm 7 May

 Teen Kahuna (Yano Fitness Center): 2 - 4 pm 21 May

 "Hip to be Fit" at the following places: SAS: 3, 10, 17, 24 and 31 May, 3 - 4 pm Zama CDC: 5 May, 9 - 10 am SHA CDC: 19 May, 3 - 4 pm

· Youth of Power:

May 11, 19 and 21, 3 - 4 pm, at Yano Fitness Center.

For more information, please contact Stefan Thompson at 263-5437.

I-Balt ends 1 June '05

Camp Zama Youth Sports and Fitness: Volunteer swim coach is needed for the 2005 Fall Swim Program.

Practice starts about the middle of August at the Yano Fitness Center pool. Season dates are 10 September - 19 November. Be a volunteer and help the youth in our community. For more information, please contact Stefan Thompson at 263-5437

## ■ Child Development Center · 2676564

#### SAGAMIHARA HOUSING AREA

#### • Parents Night Out

SHA CDC hourly care is offering a special Friday "Parents Night Out", 20 May, 6:30 - 11:30 pm.

- Reservation information:
- Call the Resources and Referral Office at 263-4743/4125, NLT 18 May.
- Hourly care fee must be paid in advance at the Resources and Referral Office.
- Payment or cancellation must be made by 18 May.
- Your child must be registered in the CYS program and immunizations must be up to date.
- Must have 15 participants.
- Please serve dinner prior to dropping off your kids (only snacks will be provided).

• **SHA CDC PAC Meeting** (for patrons only) will be held on Tuesday, 10 May, 4 - 4:45 pm, at the Sagamihara Housing Area Child De-

velopment Center. For more information, phone 267-6564/263-5723.

• **Parent Conferences** will be held on 16 - 20 May; time TBA.



## **Youth Center May Activities**

- Remember 8 May is Mother's Day, so come to the Youth Center on Wednesday, 4 May, to make cards from 3 5 pm.
- "6th Grade Happening", 20 May, 7 10 pm, cost is \$2. Transportation will be provided from Sagami Depot, SHA Commissary, and Atsugi Theater.
- Learn how to create Graphic Arts on Thursdays at 3:30 pm with the most current graphic arts programs, and prepare to enter the BGCA Graphic Arts Contest on 19 May.
- Every Monday and Wednesday from 3 5 pm learn about robotics through the Mars Exploration Rover Mission. Participants will learn about robotics technology and how it is being used in the real world. They will build and program their Mars Rover and challenge their skills with missions on a Mars Map.
- Learn how to make a scene from the Matrix with advanced movie making techniques every Tuesday at 4 pm after the Teen Tech Team meeting.
- Join the "Best Teen Tech Team" in the Army! Meetings are on Tuesdays from 3:30 4:30 pm. Tech team members are involved in photo taking and manipulation, movie making, producing the monthly Zama Teen News and community projects concerning technology.



xceptional Family Member Program. **Enrollment in this** program is mandatory for family members PCSing overseas with medical or educational concerns that require special attention. If you are currently enrolled in EFMP, keep in mind that your file must be reviewed if your condition changes or every 3 years which ever comes first. If you are new to Camp Zama and are the sponsor of an **Exceptional Family** Member, it is mandatory for you to in-process with ACS EFMP Coordinator at 263-8327.

## ■ Army Community Service • 263-8327

#### RELOCATION READINESS /MO-BILIZATION AND DEPLOYMENT PROGRAMS, 263-8089

#### • Medical Morning and Community Tour

Health care professionals provide information about medical care and counseling services in Japan and the military community. A pharmacy class, which is mandatory to receive over the counter medications, is also given during this briefing. The briefing will be held on 18 May in the ACS Community Room, 8 - 10:30 am. The orientation is mandatory for military and civilian personnel. Adult family members may also attend. The IN/OUT Processing Office (263-4122) will schedule attendees for this program.

A community bus tour will be conducted immediately following the briefing. All newly arrived personnel are encouraged to attend. Lunch will be provided. The tour is scheduled from 10:45 am - 2:30 pm. Please call ACS at 263-8327 to register (tour only).

## • Newcomer's Train Class Parts I and II

**Part I** will be held on Thursday, 19 May, 6 - 8 pm, in the ACS Commu-

nity Room, Building 402. Get out and see Japan! This class will teach you how to read the signs in the stations, buy train tickets, and more.

**Part II** will be conducted on Saturday, 21 May, at 9 am. Join us as we practice how to travel by train and subway. Our class will travel to Tokyo, stop for lunch at the New Sanno Hotel and shop in Shinjuku. Children and family members are welcome; bring about ¥1,300 per person for transportation expenses. All attendees should meet at Gate 4.

#### • English Teachers Network

This month's English Teachers Network will meet on 19 May, noon - 1 pm. Teaching English in Japan can be fun and rewarding. Find out how to recruit students, what fees to charge, where to buy materials, and meet with others who have experience teaching.

#### • Shopping on the Economy

On 20 May, join our Japanese experts as they show you where to shop. They will provide a guided tour of a local supermarket and take the group on a short train ride to Machida. Bring ¥400 for transportation and extra for purchases. The tour departs Gate 4 at 9:45. Children are welcome.

#### • Japanese Language Class

Would you like to learn to speak Japanese? ACS offers a basic conversational Japanese language class! This class is held every Wednesday from 10 am - noon in the ACS Outreach Room, Bldg 402. To sign up for the class call 263-8327.

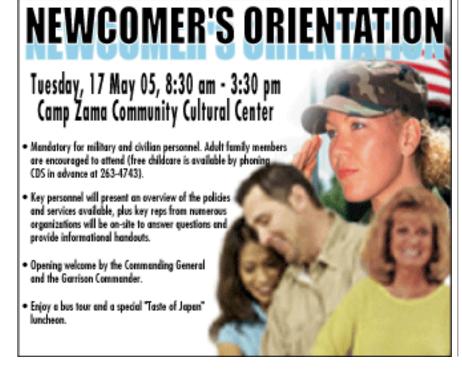
#### • English Language Class

Want to improve your English Language skills? A basic English language class is held every Monday from 10 am - noon in the ACS Outreach Room, Bldg 402.

• Knitting Class meets every Tuesday of the month from 9:30 - 11:30 am in the ACS Outreach Room. Learning to knit or crochet can be great fun. Let our Japanese volunteer show you how.

#### • Sponsorship Training

Learn how to be an effective spon-



sor. Sponsorship training is held the 2nd Thursday of the month at ACS from 1:30 - 2:30 pm in the Outreach Room. This training is mandatory for Soldiers and civilians who are assigned as sponsors. Unit training is available upon request by calling 263-8089.

#### • Pre-deployment Training

ACS offers this training the 2nd Thursday of the month from 3 pm - 4 pm in the Outreach Room. This training is available to all deploying military members and their families. The briefing discusses ways to prepare financially, physically, and emotionally for family separations. Unit training is also available by calling 263-8089/4572.

## • Deployment Readiness Support Group

If your spouse is deployed, then Army Community Service is looking for you! ACS conducts a support group for family members of deployed Soldiers. The support group is held the 2nd Thursday of the month from 5:30 - 6:30 pm in the ACS Community Room, Bldg. 402.

#### • Space Available Briefing

On 26 May, 12:30 - 1:30 pm, Yokota AF personnel will provide information on Space "A" flights. Held in the ACS Community Room, Bldg. 402. Everyone is welcome to attend.

#### **AFTB & AFAP, 263-5550**

Army Family Team Building will be offering Level I training in May.

Did you know that you can take Army Family Team Building courses online? Levels I, II, and III are all available at your fingertips! Just log onto www.aftb.org and register.

Have an issue or suggestion on how to improve the quality of life for the community? The Army Family Action Plan wants to hear about it! Just log onto http://www.mwrjapan.jp.pac.army.mil/and click on "Submit a 2006 AFAP Community Idea/Concern". Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager.

## FAMILY ADVOCACY PROGRAM 263-8327

#### • Family Maltreatment Prevention

The Family Advocacy Program provides services that are designed to prevent spouse and child abuse. The prevention of family violence is a community responsibility which includes awareness, education, and intervention in high-risk situations. If you, your unit, or organization would like to schedule a class, workshop or seminar on topics such as spouse and child abuse prevention, reporting and referral procedures, safety educa-

tion, family life enhancement etc., contact the Family Advocacy Program at 263-8327.

The Reporting Point of Contact (RPOC) for suspected child or spouse abuse is the Military Police at 263-3002.

## COMMUNITY LIFE OFFICE 263-5550

#### • Volunteer Information

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. Historically, America has a long and proud tradition of relying on volunteers to help other people help themselves. Today, America's volunteers are touching other people's lives by solving problems, while exploring new chances for personal growth.

## • Community Information Exchange (CIE)

The Community Information Exchange is held monthly and it enables community leaders, command spouses, FRG representatives, unit representatives, organization leaders and any military or civilian who would like to attend to come together to share information. The next CIE will be held on 25 May at 9 am in the ACS Community Room.

# New Parent Support Program (NPSP)

## The NPSP specializes in assisting and offering services to new and expecting parents.

- Play Morning is an interactive playgroup for parents and children birth to 6 years and is offered every Tuesday at Zama Chapel from 9:30 - 11 am and every 2nd, 3rd, and 4th Thursday at SHA CDC, from 9:30 - 11 am.
- In conjunction with Play Morning, the NPSP has a Baby Love Seminar every 4th Tuesday of the month. This one hour informative session is facilitated by a subject matter professional providing a wealth of information on a variety of topics relating to children from birth to 3 years of age.
- NPSP sponsors the Breast Feeding Support Group on the 1st Thursday of every month from 9:30 - 10:30 am in the ACS Building Outreach Room.
- Community Workshop: "Dad's Parenting Babies", 16 May, 9 10 am, in the ACS Outreach Room. For more information, phone 263-3638



# alance physical therapy with "Yukari" (Spinal Alignment, Seitai) on Fridays, 5:30 - 8:30 pm, and on Sundays, 11 am - 6 pm. Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35

for 45 minutes or \$25 for 30

minutes. Payment must be

made when making an

appointment.

## ■ Sports Office • 263-3954

#### **INTRAMURAL SOFTBALL**

The Camp Zama intramural softball season begins on/or about 8 Jun. The entry deadline is Wednesday, 1 June, 3:30 pm. Units in the Camp Zama area are eligible to enter teams. Active duty personnel, retirees, DoD/AAFES, family members (18 years of age or older and not in high school), JGSDF, and MLC employees are eligible to participate. Individuals wishing to participate and not assigned or attached to a unit or from a unit not fielding a team may enter the player's pool. For additional information, please call Andy Abear, 263-7980.

#### YOGA. "HATHA YOGA"

Hatha Yoga is now being offered on Mondays, 10 - 11 am, 11 - noon at the Community Cultural Center, 5 - 6:30 pm at the Yano Fitness Center Racquetball Court and Wednesdays, 5 - 6:30 pm, at the Army Community Service Building. The cost is \$6 per class or \$20 per month (Monday or Wednesday). Sign-up at the Yano Fitness Center front desk, 263-4664.

#### **MASSAGE THERAPIST**

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days available are Tuesdays - Saturdays (first appointment is 10:30 am and the last appointment is 4 pm). Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment.

## THE TANNING BOOTH AND AQUA MASSAGER ARE AVAILABLE FOR USE:

- **Tanning Booth:** \$2.50/visit, \$20 for 10 visits, \$35 for 20 visits.
- **Aqua Massager:** \$5 for 15 minutes
- Jacuzzi, Steam Room and Sauna The jacuzzi, steam room and sauna





#### POOL OPENING

Aquatics Director: 263-5656

Yano Indoor Pool: 263-5037

Monday - Friday: 0600 - 1800 Saturday, Sundays, Holidays: 1000 - 1800 (unless otherwise posted)

SHA Outdoor Pool: 267-6122

Pre Summer Opening: 28 May - 19 June (weekends only) Summer Opening: 20 June - 5 September Monday, Tuesday, Friday: 1200 - 1800 Saturday and Sunday: 1100 - 1800 Wednesday and Thursday: Closed

Depot Outdoor Pool (18 June - 27 August): 268-4840 Wednesday - Saturday: 1200 - 1800 Sunday - Tuesday: Closed

are co-ed at the Yano Fitness Center. On Wednesday mornings the jacuzzi is closed for maintenance.

aquatics director, availability of staff assessed, and the aquatics director approves the request.

#### • PT Training

Need ideas for PT Training? Do you

need an instructor? We can help! Types of training we support: Water Survival Training, Aqua Jogger, APFT Swim Test, Group Swimming Lessons (for Soldier PT only), Water Exercise, Swimming Technique, Water Polo, and Water Basketball. For information reference any of the above classes and reservations, contact Ms. Bailes at 263-5656.

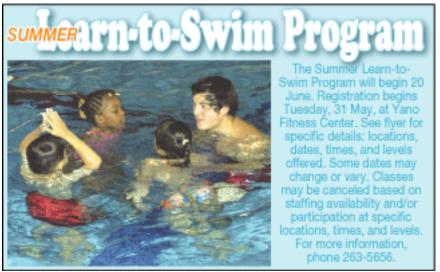
The Yano Fitness Center is looking for Aerobic and Yoga instructors, and a Massage Therapist, Softball Officials and Scorekeepers. If interested, please call the Sports Office at 263-3954 or 263-7980.

#### **AQUATICS**, 263-5656 • Pool Party Reservations

If you are considering a pool party please submit a "Pool Party Reservation Request" to the aquatics director at the Yano Fitness Center no less than two weeks in advance of the date being requested. Forms are available at Yano Fitness Center. Forms can be faxed to you at your request. Open dates can be verified by phone, however, a reservation is not officially accepted until the form has been submitted, the reservation date and time confirmed for availability by the aquatics director, availability of staff assessed (for after hours pool parties specifically), and the aquatics director approves the request. For more information, contact Kimberly Bailes, 263-5656.

#### • Training Reservations for the **Swimming Pool**

If you are considering utilizing any of the pools for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the aquatics director at the Yano Fitness Center. For reservations at the Yano pool, submit the reservation request preferably two weeks in advance but NO LESS THAN one week in advance. Forms can be faxed to you at your request. Open dates can be verified by phone, however, a reservation is not officially accepted until the form has been submitted, the reservation date and time confirmed for availability by the





■ Camp Zama Golf Club · 263-4224

http://www.usarj.army.mil/information/mwr/business/golf/

#### MAJOR TOURNAMENT SCHEDULE FOR 2005

- Zama Masters: 11 12 June
- Club Championship: 3 5 September
- Zama Open: 22 23 October

#### PAYDAY SCRAMBLE

Next Payday Scramble is 3 June, shotgun start at noon. Cost is \$15 per player plus green fees for nonmembers. MLC/IHA pay ¥4,000 and JGSDF pay ¥2,000.

#### NICHIBEI FRIENDSHIP GOLF **TOURNAMENT**

Thursday, 19 May, shotgun start at 9:30 am. Cost is \$25 for annual members and includes cart and prizes. To

sign up, contact Ernie Harada at 263-4225 or e-mail: ernie.harada@zama.army.mil.

#### LEARN TO GOLF ADULT **CLASSES**

Take the "Mystery out of Golf". Next session starts 6 July. Phone 263-4224 for information.

#### ATTENTION GHIN **SUBSCRIBERS**

Don't forget to renew your GHIN (Golf Handicap Information Network) annual dues of \$20.

#### NOTE

Looking for a locker to rent at the golf course? The annual fee is \$60 and lockers are now available. Sign up in the golf shop.

Please repair ball marks on the green. A ball mark repaired correctly heals in a few days. If it is not repaired, or is repaired incorrectly, it will be visible for weeks.



omodachi Days

in May will be held on

Friday the 6th, 13th, 20th and 27th. Up to three of

your Japanese quests can

fee of ¥4,000 plus cart fee.

play with you for the low

savings over the regular

This is a significant

rate of ¥10,000.

Sunday, 12 June, 4 pm

Sign up for a chance to win \$10,000. This exciting event will take place on Sunday, 12 June, 4 pm, at the Camp Zama Golf Course. Fifty (50) lucky entrants will be selected to try and sink three

consecutive putts for \$10,000. Contact Dale Jorgenson at 263-4224 for more information.



### May is PGA Free Lesson Month

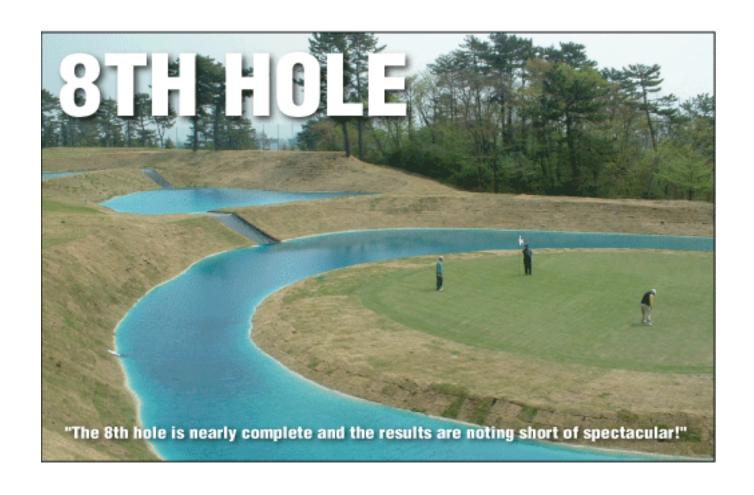
\*\*\* Discover all the ways to get more golf into your life \*\*\*

Throughout the month of May, PGA Professionals nationwide are giving free 10 minute lessons to help you improve your game, or get you started in the game of a lifetime. It's really easy. You can sign up for a free lesson by:

Contacting your local PGA Professional, Dale Jorgenson, at Zama Golf Course at 263-4224 (e-mail dale.jorgenson@zama.army.mil). Dale has dedicated 4 hours of free lessons on 7 May during two sessions:

> 10 am - noon (10 minute sessions) 1 - 3 pm (10 minute sessions)





"See the Bugle for the advertisement".

## ■ Camp Zama Community Club

• 263-4133

heck out

Cafe' Roberto's!!!
Sandwiches, salads,
nachos, pizza, great coffee,
and "smoothies" are
available for your eating
pleasure.

The Club will be closed on 30 May for Memorial Day. Cafe Roberto's will be open for continental breakfast 7 - 9 am.

#### ■ EDA'S SEAFOOD AND FILET

Check out Eda's new menu. A touch of elegance featuring quality meals and service. Dinners for as little as \$18.95! Something for everyone! Reservations are encouraged. Dress code is business casual; no tie or jacket required. Open Thursday and Sunday from 5 - 9 pm; Friday and Saturday from 5 - 10 pm.

#### ■ BINGO NIGHT

More games and more money to pay out. Progressive SR Jackpot \$10,000.00 starting with 48 numbers and every Sunday will go up one number. On Thursday, cards go on sale at 6 pm, the game starts at 7 pm,

and on Sunday cards go on sale at 5 pm, the game starts at 6 pm. Every Thursday and Sunday nights try out terrific games! Join the winner's circle with many others who have won our money giveaway. Maybe you will be one of the lucky ones to win our large cash payout. But, you will never know unless you come out. Don't worry about dinner; you can eat while you play.

#### ■ USA SUNDAY BRUNCH

Open 10 am - 1:30 pm. adults: \$12.95; youth (8 - 12) \$4.95; youth (4 - 7) \$2.50; and youth (3 and under): Free

#### **■ MONGOLIAN BBQ**

Every Wednesday in the ballroom, 5 - 9 pm, with modified menu. Reservations are welcome. USA Dining Room and Eda's Seafood and Filet will be closed.

#### • Firelite Lounge

Thu Variety Music 8 - 11 pm
Fri Karaoke 7 - 10 pm
Hip Hop
10 pm - 3:30 am
Sat Country

8 pm - 2:30 am







#### **LUNCH**

#### Sunday

Sunday Brunch (10 am - 1:30 pm)

Adult: \$12.95 Youth 8 - 12: \$4.95 Youth 4 - 7: \$2.50

3 and under: Free 8 Mother's Day Brunch

#### Monday - Closed Tuesday

- 3 Cajun Sliced Roast Pork
- 10 French Dip Sandwich
- 17 Fried Fish

w/Chinese Ankake Sauce

- 24 Hawaiian Chicken
- 31 Corned Beef w/Cabbage

#### Wednesday

- 4 Chicken Cacciatore
- 11 Chicken Adobo
- 18 Stuffed Cabbage Roll
- 25 Mock Fillet

#### **Thursday**

#### LUNCH

- 5 Beef Broccoli
- 12 Pork and Green Peppers
- 19 Pork Stir Fry Vegetables
- 26 Happou Sai w/Fried Noodle

#### Friday - Smorgasbord

- 6 Chicken Enchiladas
  - Chimichanga
  - Beef Taco
  - Mexican Rice and Corn
- 13 BBQ Chicken
  - Blackened Catfish
  - Hush Puppies
  - Scallop Potatoes
- 20 Asian Pacific Month Lunch Buffet (\$7.95) (Ball Room)
- 27 Cajun Meat Loaf
  - Chili Macaroni
  - Spicy Buffalo Chicken
  - Drumsticks

Saturday - No Lunch

#### DINNER MENU

#### Sunday

- 2 for 1 Steak Night
- Limited Menu
- Fine Dining

#### Monday - Closed

#### **Tuesday**

- Regular Menu
- Two for one special (\$10)

#### Wednesday

- Mongolian BBQ
- Limited Menu

#### **Thursday**

- Limited Menu
- Fine Dining
- All You Can Eat Pizza,
   Pasta Bar and Salad Bar \$9.95

#### Friday

20 Community Night

- •Fine Dining
- •Regular Menu
- Chef's Special

#### **Saturday**

- Fine Dining
- Regular Menu
- Prime Rib Dinner
- 6oz Prime Rib and Shrimp Scampi (\$12.95)

#### OTHER EVENINGS IN THE USA DINING ROOM

- Chef's Special on Friday evenings plus regular menu.
- Prime Rib and Seafood Combo on Saturday.
- 2 for 1 Steak Night every Sunday (good for "steak of the night" only)
- Our regular menu will be offered in addition to the above specials on Saturday night and modified menu on Sunday nights!



ednesday

night is family night (movie for adults and kids).

Saturday, 14 May, 6 - 8 pm, is "Family Night Bowling". Come join us.





#### l Sagami Lounge • 268-4954/4847 Orders: 268-4142

#### **LUNCHES**

#### **MONDAY**

- 2 Teriyaki Hamburger Steak
- 9 London Broil Steak
- 16 Swiss Style Top Round Beef Steak
- 23 Breaded Beef Skewer
- 30 Closed

#### **TUESDAY**

- 3 Chicken Fajitas
- 10 All-U-Can Eat German Buffet
- 17 Mexican Style Pork Stew
- 24 All-U-Can Eat Mexican Buffet
- 31 Okinawa Style Chicken Taco Rice

#### **WEDNESDAY**

- 4 Mexican Meatballs w/Macaroni
- 11 Stuffed Chicken w/Gyoza Meat
- 18 Chicken Pompadore
- 25 Stuffed Chicken Roll

#### **THURSDAY**

- 5 Lasagna w/Garlic Bread
- 12 Scotch Burger w/Boiled Egg
- 19 Fried Seafood Gyoza and Spring Rolls
- 26 Hamburger Steak

#### **FRIDAY**

- 6 Shrimp and Salmon Broshettes
- 13 Breaded Salmon Steak
- 20 Fried Mixed Seafood Platter
- 27 Seafood Wrap w/Rice Pilaf

#### **DINNER SPECIALS**

## TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$7.50)

- 3 Mexican Dinner Special
- 10 BBQ Dinner Special
- 17 Japanese Dinner Special
- 24 Pizza & Pasta Dinner Special
- 31 Regular Dinner Menu

#### WEDNESDAY NIGHT

Family night movies for adults and kids (4, 11, 18 and 25 May, regular dinner menu).

## THURSDAY NIGHT (CHEF'S DINNER SPECIALS)

- 5 Italian Dinner: Seafood Saute w/Clam Sauce
- 12 Chef's Choice: Steak and Potato Gratin
- 19 Italian Dinner: Grilled Pork w/Baslsmic Sauce
- 26 Japanese Dinner: Japanese Style Fried Chicken

#### FRIDAY NIGHT

- 6 Pre-Mother's Day Dinner Buffet (Adult: \$12.95 Youth: \$6.95)
- 3 Steak Wellington (\$25)
- 20 Steak and Crab Legs (\$25)
- 27 Steak and Lobster Tail (\$25)

## SATURDAY NIGHT (MONGOLIAN BBQ)

Saturday, 7, 14, 21 and 28 May



## ■ Community Cultural Center • 263-3939



#### **CLASSES**

The Community Cultural Center offers the following instructional classes:

#### • Piano Lessons

Piano lessons are conducted Monday - Friday. Classes are instructed by Ms. Sekita, Ms. Ishii and Ms. Sako. The cost is ¥6,500 per month.

#### Violin Lessons

Violin lessons are held on Thursdays and instructed by Ms. Noda. The cost is \$6,500 per month.

#### Koto Lessons

Koto lessons are offered each Tuesday and are instructed by Ms. Kawasaki. The cost is ¥8,000 for adults and ¥7,000 for children per month.

#### • Hula Dance Lessons

Hula dance lessons are held on Mondays and Thursdays and are instructed by Mr. Roger Pueblos. The cost is \$50 per person or \$35 per person for more than one person from the same family.

#### **FACILITY RESERVATIONS**

Looking for a place to conduct your training sessions, ceremonies and briefings? The Community Cultural Center is the place. For more information, phone 263-3939.

#### **RENTALS**

The Community Cultural Center has sound equipment, costumes, tour-

nament dart board games, and tournament chess game sets for rent.

Looking for that perfect costume for birthday parties, holidays, and other events? The Community Cultural Center is the place for you. We have over 300 costumes and wigs for your rental needs.

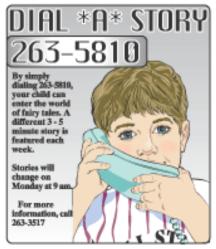
"See the Bugle for the advertisement".

# "See the Bugle for the advertisement".

ry our newest on-line research tools: Expanded Academic ASAP, The History Resource Center, and Morningstar.com to find the information you need. Stop by the library and discover a world of information at your fingertips.

#### LIFETIME SPORTS & RECREATION

Read a Book (adult = 1 book / minimum of 300 pages; child 6 - 4 = total of 14 easy or 300 pages of fiction or non fiction)



## ■ Community Libraries • 263-3517

#### E-BOOKS

Read, browse or check it out. Over 2,000 titles are available on subject areas such as military, business, computer science, psychology, and religion. Everyone is eligible. Use at the library or at home. Stop by the Zama, SHA or Depot Library to apply for a personal E-book account today. We require 24 hours to set up an account.

#### **VOLUNTEER NEEDED**

Interested in being a volunteer storyteller at SHA Library? Please call 263-5267.

#### **NEW MCNAUGHTON BOOKS**

- A Salty Piece of Land by Buffett, Jimmy (Best Seller)
- State of Fear by Crichton, Michael (Best Seller)
- The Cat Who Went Bananas by Brian, Lilian Jackson
- His Excellency by Ellis, Joseph
- A Redbird Christmas by Flagg, Fannie
- Whiteout by Follett, Ken
- Will in the World by Greenblatt, Stephen
- Life Expectancy by Koontz, Dean R.
- Alice in Jeopardy by McBain, Ed.
- Runaway by Munro, Alice
- Faithful by O'Nan, Stewart
- London Bridges by Patterson, James
- Eleventh Month, Eleventh Day, Eleventh Hour by Persico, Joseph E.
- The Godfather Returns by Winegardner, Mark

#### **NEW BOOKS**

- The Essential 55 by Clark, Ron
- The Official SAT Study Guide
- Emily Post Wedding Etiquette by Post, Peggy
- Learn Italian The Fast and Fun Way by Danesi, Marcel
- Complete Guide to Colleges
- Ingles Para Latinos by Harvey, William C.
- Ingles Hecho Facil by Duncan, Patricia J.
- Beginning Tagalog by Bowen, J. D.
- Choose A College Town for Retirement by Lubow, Joseph
- Boost Your Interview IQ by Martin, Carole
- Official Stamp Collection's Bible by Datz, Stephen
- Modern Coin Magic by Bobo, J. B.
- The Sports Rules Book by Human, Kinetics

#### **NEW DVDS**

The Turn of the Screw Drama
Balzac Life of Passion Drama
Chicago Drama
Great Toy Train Layouts of America,
Part 1 - 6 Special Interest
Herbert Von Karajan a Portrait
Music
Peter and the Wolf Ballet
Swan Lake Ballet

Check out our website: http://www.usarj.army.mil/information/zama/mwr/library/index.htm



## ■ Auto Craft Shop • 263-3615

#### **HOURS OF OPERATION:**

Monday and Tuesday - CLOSED Wednesday - Friday 1 - 9 pm Saturday – Sunday 10 am - 6 pm

#### PLEASE NOTE:

- Wednesday Friday clean up starts a half hour before closing.
- Sunday clean up starts one hour before closing.

#### MAY CLASSES / LIFETIME SPORTS AND RECREATION **PROGRAM**

- **Automotive Servicing**, 4 and 18 May. In this class you will learn to properly inspect and service your vehicle. Instruction includes checking oil levels, servicing and adding fluids and tire inspection and inflation. Great for beginners.
- Ladies Day, 4 and 18 May, 1 - 9 pm.
- Motorcycle Tuning and Servicing 11 and 25 May, In this class you will learn the proper procedures to correctly service your motocycle. If you have a maintenance manual, please bring it.

#### LADIES DAY

Ladies, have you ever wanted to repair your car but just did not know how? Your Camp Zama Auto Craft Shop is pleased to offer "Ladies Day". You will receive personalized instruction and assistance to repair and keep your vehicle in top running shape.

The personalized service is free; all you pay is a nominal facility usage fee.

#### **SERVICES**

#### • Used Vehicle Courtesy Inspection

We offer a 20 point courtesy inspection for Soldiers and eligible personnel who are considering the purchase of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying it. We do not make recommendations or give guarantees. Inspections are done by appointment only.

#### • Towing Service and Roadside Assistance

We offer a towing service and roadside assistance Wednesday through Sunday. Call for rates and more information.

#### Used car referral service.

New to Camp Zama or PCS'ing and need to buy or sell a car? Stop by your Camp Zama Auto Crafts and let us help you. We will list your vehicle for sale on our referral list. All vehicles must be registered to qualify for this free service.

#### **CAR WASHES**

Auto Crafts has three car wash locations: Camp Zama, Sagamihara Housing and Sagami General Depot. All locations offer the same service. The cost is very reasonable! ¥300 for a water wash, ¥500 for a "soap wash" and ¥600 for wash and wax. All machines now accept 25¢ coins. Cost is \$3, \$5 and \$6 respectively.

At Sagamihara Housing Area, the car wash is located behind the Sagamihara Gym Annex Bldg #S126, open 24 hours; at Sagami General Depot, next to the AAFES Gas Station, open 24 hours; and at Camp Zama at the Auto Crafts Shop, Bldg. #621; open seven days a week, Monday and Tuesday 8 am - 4:45 pm, Wednesday through Friday 8 am - 8:45 pm and Saturday and Sunday 10 am - 5:45 pm.

• Prepaid cards for the "NEW" car **washes** are for sale at the Zama Auto Craft Shop. The cost is ¥3,000, but you get ¥3,500 worth of washing!! Ask Auto Craft Shop personnel for more information.

# PROFESSIONAL

Cleans fuel system and injectors for easier starts (especially cold weather), better engine performance and helps improve gas mileage.

Oil System Cleaning Service: \$59.95
Cleans engine oils system. Helps remove the sludge built up in engines that have not had frequent oil changes. Also helps eliminate noisy lifters. Environmentally safe (oil & filter extra).

Call for appointment, 263-3615

# **NEW SERVICE**

- Windshield Chip and Crack Repair. Prices start at \$30. Stop by for your appointment and estimate.
- Harley Davidson Products. On sale now at your Camp Zama Auto Crafts Shop.

#### **VOLUNTEERS NEEDS**

The Auto Craft shop is always looking for volunteers who have some automotive/mechanical background. Please stop by the shop for more information on how you can give back to the military community. Volunteer application forms may be picked up at the Red Cross Office or Army Community Service.

Picture Framing. All orders are completed on a first come, first served basis. We have a variety of moulding, mat boards, design colors and styles for you to choose from.

Framing

**Textile Arts** 

### ■ Arts and Crafts • 263-4412

Stop by to engrave a "Torii Gift" for vour friends.

#### LIFETIME SPORTS AND RECREATION

Japanese Dough Arts class, 6, 13, 20 and 27 May, 10:30 am. \$10. (free material).

#### **INSTRUCTORS NEEDED**

The Arts and Crafts Center is looking for instructors to teach gift wrapping, pottery, water color, acrylic paint, stained glass, woodworking and various other arts and crafts.

#### WOODWORKING ORIENTATION

Thursday, 6 - 6:30 pm, and Saturday, 10 - 10:30 am. DA 3031 Qualification Card is issued after the safety orientation. No fee.

#### THE CRAFTS STORE

The Crafts Store at the Arts and Crafts Center has many products for your crafts and fine arts needs. Choose from Washi paper, rubber stamps, ceramic supplies, oil and acrylic paints, polymer clays, tea boxes, plywood and more.

#### PRINT SHOP

#### • Screen Printing and Heat **Transfer Printing**

We carry heavyweight 100% cotton t-shirts. We will special order colors, size and style of shirts based on your request. All orders completed on a first come, first served basis.

#### **INSTRUCTOR ARE NEEDED**

Please contact Mr. Nodera, 263-4412.

#### ..... ARTS AND CRAFTS CLASSES ..... Wednesday 6 - 8 pm \$10 plus materials Advance & Refresher Appointment only \$10 Thursday (1, 2 and 3rd) \$15 5 - 7 pm 10:30 am - 12:30 pm Japanese Dough Art \$10 plus materials Thursday (2nd and 4th Saturday) \$15 3 - 5 pm

Tole Painting \$15 plus materials Washi Paper Friday 2 - 4 pm \$15 plus materials 4 - 6 pm Thursday (1, 2 and 3rd) Ikebana 2 pm \$15 plus materials Scrap Book Making Saturday 2 pm

All classes and orientations require registration in advance at the Arts and Crafts Center.

## "See the Bugle for the advertisement".

## ■ Academic Training Division • 263-5633/3992

#### **COLLEGE REGISTRATION**

For Term V will be conducted from 16 - 27 May for the University of Maryland University College and Central Texas College.

Education Center (for TA): 263-3015

University of Maryland: 263-5379 Central Texas College: 263-5228

## THE ARMY EMERGENCY RELIEF (AER) SPOUSE TUITION ASSISTANCE

Deadline for Term V (30 May - 23 July) is 9 May. Apply online at www.aerhq.org

#### JAPANESE HEADSTART

This free course is mandatory for all military personnel assigned to Camp Zama. Learn about Japanese customs, culture, and language. Adult family members and DACs are encouraged to attend. To enroll, please telephone 263-5311/3015.

Course Periods:

9 - 13 May and 2 - 27 May

8 am - 4:30 pm

## FREE JOB SKILLS DEVELOPMENT CLASSES

Windows XP

5 May

MS Excel

11 - 12 May

MS PowerPoint

25 - 26 May

MS Word

16 - 17 June

Times for the above:

8:30 am - 4 pm

The windows XP one-day course is a prerequisite for all MS office classes. Do you want to unleash the power of your computer or enhance your job skills for job search or promotion? Hurry and sign up for the Microsoft Office classes available at the Army Learning Center. Adult family members and Army civilians have priority, but other adults are eligible to take the classes on a space available basis. To enroll, please phone 263-5271 or e-mail adam.goldstonrumpke@us.army.mil.



# "See the Bugle for the advertisement".

or dates, times, and more indepth information on all the tours listed below. check out our monthly getaway guide or please call the "Zama Local Tours" office. Our customer service will be happy to help you out!

## *May Tours*

- "Bark in the Park" Historic Walk
- Great Japan Beer Festival
- New Sanno Mother's Day Brunch & Odaiba
- Matsumoto Castle
- Enoshima Island
- 15 Design Festa Nikko Edo Mura
- 18 Dog Healthcare/Bite Prevention Info Class
- 21 Tsukiji Fish Market · Shimoda Black Ship Fest
  - Fuji Safari Park
- **22** Tokyo Bay Lunch Cruise & Kirin Beer
- 25 · Baseball Game at Yokohama
- 28 · Clam Digging
- 29-30 · Kusatsu Hot Spring Overnight Trip
- 29 · Kinoshita Circus
- **30** Tokyo Disneyland/DisneySea

\*Highlighted Tours are listed in bold.

## Outdoor Rec & Local Tours

263-4671 (Map location 31)

#### **NEW SANNO MOTHER'S DAY BRUNCH & ODAIBA**

Sunday, 8 May

Depart: 7:45 am • Return: 6 pm Happy Mother's Day! It's that one special time of year to treat the mom in your life to a day out of the house and on the town. Why not spend it with us? We'll take you to the New Sanno Hotel to enjoy a very delicious Mother's Day Brunch, followed by a stroll through Odaiba, a very fashionable and futuristic theme city filled with shops, stores, restaurants, cafes and clubs in addition to many other facilities. Bring yen for shopping, souvenirs & snacks/drinks.

Adults: \$32 • Youths: \$22

Infants: \$12







#### SHIMODA BLACKSHIP **FESTIVAL**

Saturday, 21 May

Depart: 6 am • Return: 8 pm

This festival highlights the tradition and friendship between the United States and our host country, Japan! Shimoda City, offering hot springs, historical spots and exquisite scenery, is the largest tourist destination in the southern Izu peninsula. The "Kuro-fune Matsuri" (Black Ship Festival) features a parade through the steets of Shimoda, memorial services at the first U.S. Consulate in Japan and the re-enactment of the treaty that was signed. During this re-enactment, the members that ratify this treaty will be dressed in both Japanese and American traditional costumes. A scaled down replica of one of Perry's Black Ships completes the illusion. Bring yen for souvenirs & food/drinks (or feel free to bring your own food/drinks).

Adults: \$29 • Youths: \$25

Infants: \$19



#### \*Icons shows the services/fees included in the cost.





Admission/Tickets





#### **KUSATSU HOT SPRING OVERNIGHT TRIP**

Sunday-Monday, 29-30 May

Depart: 7 am (Sun) Return: 6 pm (Mon)

Kusatsu, located in the northwestern portion of Gunma Prefecture is set at the eastern base of Mt. Shirane. The mineral waters have been known throughout Japan for their therapeutic value since ancient times and are celebrated for their health restoring properties. Many prominent people have visited the spa and testified to their efectiveness against rheumatism, gout, chronic dermatitis and similar ailments. Relax in traditional Japanese style rooms with tatami mats & futons and a private bathroom. Bring yen for souvenirs and food/drinks.

Single room: \$239

2 person: Adults: \$189 ea.

Youths (6-12): \$155 ea.

3 person: Adults: \$168 ea.

Youths (6-12): \$139 ea.

4 person: Adults: \$157 ea.

Youths (6-12): \$132 ea.

Infants (5 & under, no futon & no

meals): \$69 ea.





#### **Better Opportunity for** Single Service Member

• BADD Van-**BOSS Against Drunk Driving** Every Friday night at the Firelite Lounge (CZCC) Rides from 11 pm - 3:30 am to Sagaimi Depot, SHA, Camp Zama and Atsugi Housing.

#### MEETINGS

- \*All meetings are at 2 pm at the CCC...
- Tuesday, 10 May
- Tuesday, 24 May



Guide











## Outdoor Rec & Local Tours

263-4671 (Map location 31)

#### MT. HASUGE HIKE & RIVERSIDE BBQ

Saturday, 14 May

Depart: 7 am • Return: 2 pm Sign up by Saturday, 7 May!

This is an "EZ" hike with total about 2 hours hike-time on one of our local low mountains. Short obstacle courses designed for youths are available. Our guide, Susan Ishida, Advisor of Japanese Society for Preservation of Birds, will take you on a bird walk per request. After, re-energize with a BBQ prepared for you by the river!

Wear walking/hiking shoes. Bring a backpack, drinks, hat, rain jacket, pants in case of rain, sunglasses, sunscreen lotion, towels and sandals.

Adults: \$17 • Youths: \$13

Infants: \$2



#### MOUNTAIN BIKING **AT YATSUGATAKE**

Sunday, 15 May

Depart: 6 am • Return: 7:30 pm Sign up by Sunday, 1 May!

This trip will explore some of the single track and fire roads on Yatsugatake in Nagano with a local guide. After a good day riding we will stop at an Onsen before returning to Camp Zama.

Limited to: Adult participants only. Wear sunglasses, sunscreen, helmet & comfortable biking gear/gloves. Bring water, snacks/drinks, yen for the onsen and a change of clothes.

Cost also includes sports insurance.

Adults: \$70



#### MT. CHAUSU HIKE

Saturday, 21 May

Depart: 4:30 am • Return: 7 pm This is a "with no sweat" hike for all ages. From the station, the trail will diverge in 2 ways from which you choose. Either way, a magnificent wide-open, 360 degree view is guaranteed on a clear day! For those who are seeking more challenges, dare to hike up to Mt. Asahidake or Mt. Minamigassan from the fork on the

Wear hiking clothes & boots and a hat. Bring food/drinks, backpack, cotton gloves, sunglasses, camera, towels, yen for souvenirs and food/drinks. Rain jacket & pants in case of rain.

Adults: \$33 • Youths: \$25

Infants: \$15



#### FRESH WATER FISHING AT FISH-ON SHISHIDOME **FISHING AREA**

Friday, 27 May

Depart: 5:30 am • Return: 5:30 pm This is an enjoyable river fishing trip accompanied by fresh air and greenery in Yamanashi prefecture! This place also offers a lake for lure/fly fishing. Rainbow & brown trout, iwana, yamame, etc., along with other beautiful fish are waiting for you! Limited to: ages 8 & up, 14 participants only. Bring foo/drinks, hat, sunglasses, fishing gear, yen for food/ drinks, souvenirs or fishing tackles (if

Lure/Fly fishing: Adults: \$55 • Youths: \$45 • Infants: \$0 Bait fishing: Adults/Youths: \$45 Transportation Only: Adults/Youths: \$19

#### CARING KENNELS

Our caring staff will assure that your pets get the special care they need while you are away on vacation or TDY. Daily fees are: \$15/dog kennel, \$10/cat kennel. PCS status has priority. Call the Kennel at 263-5915 for reservations or more info.





Kanto Plain for 8-passenger van rentals. Free toll tickets are provided.

#### Only \$50 per day! (plus refueling)

Truck/Cargo Van (1-1.5 Ton)
• Max 3 hour rental - \$10 per hour or \$50 per day rental + refueling

Make your reservations by phone or drop by the office, open 7 days a week except holidays! Full rental fee required upon the reservation.

amily Advocacy Program. The Family Advocacy Program goal is to promote healthy families. In an effort to do this, Family Advocacy provides various services to enhance and improve family functioning. Family Advocacy focuses on prevention, intervention and treatment of domestic violence. The Reporting Point of Contact for Torii Station for suspected child or spouse abuse is the Military Police at 644-4715. The point of contact for program or resource information is Cheryl Hogan at 644-4106 or Janet Schnering at 644-4908.

## ■ Torii Station, Okinawa MWR Activities • 644-4270

## ARMY COMMUNITY SERVICE 644-4110

• Exceptional Family Member Program

The Army Exceptional Family Member Program (EFMP) is designed to assist families and support command readiness. Enrollment in the EFMP helps to ensure that service members are stationed where their families' special needs can be met. Special needs are ongoing need for medical treatment, psychological services and/or special education. The challenges of living with special needs have always been present, but the EFMP exists to address those issues in a responsible and compassionate way. Point of contact for information or assistance is Cheryl Hogan at 644-4106.

#### ACS Relocation

GOAL: To reduce or eliminate problems arising because of frequent moves by providing relocation support and assistance that is accessible, effective, and responsive to the needs of the Army family.

The following services are available: Newcomer's Briefing

Welcome Packets (Torii Station and worldwide)

Loan Closet Sponsorship Training If further information is needed, please call Darlene Thornton at 644-4385.

#### • ACS Community Programs

ACS provides "Baby Bundles" to any Army Soldier or spouse, regardless of rank. We invite all Army families who are expecting a baby to come to ACS to receive their baby bundle. You can pick up your baby bundle in Building 236, Room 104. POC for Baby Bundles is Corinna Juarez at 644-4116.

• *Military Spouse Day* takes place in May. ACS will be hosting a shopping trip to Ashbinaa Outlet Mall. Date: 4 May, Time: 9 am - 3 pm. Bring plenty of yen for purchases and lunch. To register for this trip call Corinna at 644-4116.

#### • Army Family Team Building

AFTB Level 1 course will be offered 17 and 18 May, 8:30 am - 2 pm, in Bldg. 236, ACS Conference Room. This is a great opportunity for Army spouses to learn more about being part of the Army Family, learn new skills, and make new friends. For further information or to register, please contact Debbi Coubrough at 644-4743.

• *ESL classes* designed for foreignborn spouses are held Thursday mornings from 9:30 - 11:30 am throughout May. There is no fee for the class and workbooks are provided. Please call 644-4743 for further information or to register.

#### SPORTS, 644-4334

#### • Army Okinawa Payday Golf Scramble

Monday, 2 May, 8 am at the Banyan Tree Golf Course at Kadena.

E-4 and below: \$24 Other SOFA: \$27.50 MLC/IHA: ¥ 5,100 (\$51)

LN Guests: ¥ 9,800 (\$98)

Army Okinawa invites you to participate in our monthly Payday Golf Scramble. Come join us for a morning of recreational golfing at Kadena's Banyan Tree Golf Course.



The payday golf scramble is an excellent social event, designed to further encourage participation in the game of golf.

• Intramural Softball Applications due Monday, 16 May, 1pm, at the Torii Physical Fitness Center

Applications are currently being accepted for intramural softball. Sign up at the Torii Station Sports and Fitness Center, Bldg 275. Call 644-4334 or e-mail perryj@us.army.mil

#### **AUTO CRAFT CENTER, 644-5612** • Hours of Operation:

Tue and Wed CLOSED Thu, Fri, Mon 11 am - 8 pm

Sat and Sun 9 am - 6 pm

#### PLEASE NOTE:

Clean up starts a half hour before closing.

#### Safety Orientation

DA 3031-1 Qualifications Card for use of auto crafts is issued after a safety orientation given every day. This briefing is required before facility use. Your auto problems can be resolved with the help of our professionally trained mechanics. You won't find a better price anywhere on the island. Let our staff get you ready for your inspection. We can't do the inspection, but we can prepare you for the inspection.

#### • Classes: One-On-One

There is a class in different types of welding:

\* Plasma Cutting and Safety Orientation is free

> One Class /\$20.00 per hr. Gas Welding and Cutting ARC Welding MIG Welding TIG Welding

#### • It's Free

Have a dead battery? Have trouble starting your car? We will loan you our portable booster. Just ask, it's free!!!

#### **OUTDOOR RECREATION** 644-4698

• New Hours of Operation:

Summer (May thru Oct)

Open 7 days a week, 8 am - 7 pm.

- The water slide will open soon and will be cleaner and better.
- Take pictures holding the sea turtles. Ask staff for details.
- Sea turtles will start laying their eggs soon. Please help us keep the beach clean and protect nature.
- While you are enjoying Torii Beach, let us wash your car.

#### CORAL COVE CLUB, 644-4017

#### • All you can eat Pasta Bar

Every Tuesday from 4 - 10 pm. The cost is only \$6.95 at the Seaview Lounge in the Coral Cove Community Club.

Two kinds of pasta, and Marinara and Alfredo sauces.

#### • Enjoy Coral Cove's Sunday Breakfast

The buffet includes all of your breakfast favorites and an omelet station for only \$6.95. Children under 12, \$3.95, and children under 5 eat free. Entrees come with choice of potato or rice, chef's vegetables and bread/ butter and beverage

#### FREE MOVIES

Torii Station "free" movies are showing at the Coral Cove Club. Look for schedules in the "Island Market", "This Week on Okinawa" and "Torii Newspaper"

#### ARTS AND CRAFT CENTER 644-4303

Mon, Thu and Friday: noon - 8 pm Sat and Sun: 9 am - 5 pm Tue and Wed: Closed

#### • Classes and Services

Framing and matting classes are available for all military patrons and family members. The wood working and ceramics departments are also available for your use.

#### LIBRARY, 644-4468

Enjoy the best DVD collection on Okinawa! We also offer 6 internet computers for patron use. Hours are Tuesday through Saturday, 10am -7 pm. The library is in Bldg. 248 across from the Education Center.

#### SCUBA LOCKER, 644-4290

Check with the training staff to signup for scuba classes and don't forget about the opportunity of a lifetime...Dive with a Whale Shark!! The Scuba Locker has the latest equipment for the true diver. Visit us and see the always changing line of diving gear being offered. Whether you are a brand new diver, a novice, or you desire to upgrade to the top level, a qualified staff is available to train you. Did you know that the Scuba Locker offers free air fills to all ID card holders?



## ■ Directory of MWR Facilities & Additional Activities

DIRECTORATE OF MORALE, RECREATION Army Community Se	263-7611	■ SAGAMI LOUNGE Take Out Lunch Mon-Fri Dinner Tue-Sat	268-4954 268-4142 1100-1300 1700-2000	■ Child & YS Coordina (All the following CDC facil Central Registratio Mon-Fri	ities are open d	263-4743
■ Army Community Servic	es 263-8327	Lounge/Game Room	1700 2000	Depot Dev Group I		<b>268-4625</b>
Mon, Tue, Thu, Fri	0700-1700	Tue-Thu	1100-2200	Mon-Fri	0830-1	730
Wed	0700-1500	Fri Sat	1100-2400 1630-2300	Sagamihara CDC	0.000.1	267-6564
ZAMA Golf	Club	Open during lunch		Mon-Fri <b>Zama CDC</b>	0530-1	<b>263-4992</b>
				Mon-Fri	0530-1	
Director of Golf Administrative Office	263-4224	Community Recreat	tion Division	■ YOUTH SERVICES		
(All the following golf activities	263-4966		CE 000 7007	Depot Youth Cente		268-4625
Course/Starter	263-4975	■ ADMINISTRATIVE OFFICE ARTS & CRAFTS CENTE		Zama Youth Center Mon-Thu	1430-2	<b>263-4500</b>
Mon-Fri	0700-1700	Mon-Tue	Closed	Fri	1430-2	
Weekends & US /		Wed-Thu	1300-2100	Sat	1200-2	200
Restaurant	0600-1700 <b>263-7665</b>	Fri, Sat & Sun	1000-1800	Sun	1400-1	
Mon, Tue, Thu, Fr		Open during lunch  AUTO CRAFTS SHOP	263-3615	School Age Service Mon-Fri	<b>S (SHA)</b> 0630-1	<b>267-6317</b>
Wed	0630-1800	Mon-Tue	Closed	Youth Sports	0030-1	263-5437
Weekends & US /	Japanese Holidays	Wed-Fri	1300-2100	Mon-Sat	0900-1	
Pro Shop	0530-1700 <b>263-5284</b>	Sat-Sun	1000-1800	Open during l	unch	
Mon-Fri	0645-1700	■ COMMUNITY CULTURA				
Weekends & US /		Mon-Fri Sat, Sun & Hol	0900-2045 Closed	■ ADMINISTRATIVE O	FFICE	263-5962
	0545-1700	Open during lunch		= ADMINISTRATIVE O	TFICE	203-3302
Driving Range	Unattended	■ INTERNATIONAL TOUR		Zama Lodgir	ng	
Wed - Sat	Sunrise-2200	Mon-Fri	1000-1800			
Mon Tuesday	Sunrise-1930 1000-2200	Open during lunch	1	■ ADMINISTRATIVE O	FFICE	263-3293
Sun	1600-2200	■ LIBRARY Zama	263-3517	Reservation Desk Front Desk		263-2775 263-3830
Chip Inn & Snack Star		Mon-Thu	1000-2030	Open 24 hours/	7 davs a week	
Mon-Fri	0800-1600	Fri- Sun & Hol	1000-1800			
Weekends & Hol.	0700-1500	Open during lunch		USAG-J Oki	inawa MWR	
Community Operat	ions Division	Depot	268-4523	■ MWR OFFICE		644 5206
		Tue-Thu Fri & Sat	1000-1800 0900-1700	■ MWR OFFICE ■ ARMY COMMUNITY	SERVICE	644-5396
■ ADMINISTRATIVE OFFI		Sun, Mon	Closed	Director	BERVICE	644-4110
■ DOWLING CENTED 74	263-5614	Open during lunch		Receptionist		644-4175
■ BOWLING CENTER ZA Mon-Wed, Sat-Sur		Sagamihara	267-6603	Relocation Coordin		644-4385
Thu & Fri	1100-2230	Tue-Thu Fri-Sat	1000-1900 0900-1800	Outreach/Volunteer Finance/Consumer		644-4116
Holidays	Closed	Sun, Mon & Hol	Closed	School Liaison Office		644-4908
■ BOWLING CENTER DEP		Closed for lunch	1400-1500	Family Advocacy		644-4106
Tue - Sat Sun - Mon	1100-2000 Closed	■ OUTDOOR RECREATION		AF TB / AFAP Mana		644-4743
■ ZAMA COMMUNITY CL		US Holidays	Closed	■ ARTS & CRAFT CEN	TER	644-4303
Lunch	200 1100	Vehicle Rental/Equipme Mon-Fri	ent Kentai 0900-1730	Lobby  CORAL COVE COM	MUNITY CL	644-4706
Tue-Thu	1045-1315	Sat-Sun	0800-1750	Business Manager	WOLLET CE	644-4894
Sunday Brunch	1000-1330	Open during lunch		Lounge		644-4306
Cashier & Game Roon Sun-Thu	18 1000-2300	Local Tours	263-4671	Cashier Cage		644-4426
Fri	1000-2300	Mon-Fri Open during lunch	0900-1730	Kitchen ■ LIBRARY		644-4505 644-4468
Sat	1000-0330	Animal Boarding Kenne		Staff Room		644-5335
Catering	263-4204	Mon-Fri	1000-1700	■ MARKETING		644-4703
Tue, Thu & Fri Wed		Sat-Sun	1000-1600	Commercial Sponso		644-4495
Café Roberto	Appts Only	Closed for lunch  POOLS	1230-1330	Graphic/Illustration  MOVIE THEATER	L	644-4665
Tue-Thu & Sun	1100-2200	YANO	<b>263-5656</b> 263-5037	■ MOVIE THEATER  ■ SPORTS/OUTDOOR	REC	644-4381 644-4144
Fri	1100-0100	Mon-Fri	0600-1800	Customer Svc/Pavil		644-4334
Sat	1100-0100	Sat-Sun, Holidays	1000-1800	Sports Specialist		644-4797
Cornerstone Game Roo Tue-Thu & Sun	om (no bar) 1000-2300	SHA	267-6122	Event Coordinator		644-4169
Fri	1000-2300	Mon-Tue & Fri Sat-Sun	1200-1800 1100-1800	Swimming Pool Scuba Locker		644-4389 644-4795
Sat	1000-0230	Wed-Thu	Closed	Retail Sales		644-4290
Eda's Seafood & Filet		DEPOT	268-4840	Equipment Issue		644-4263
Thu & Sun	1700-2100	Wed-Sat	1200-1800	Parks, Picnic & Bea	ch	644-4698
Fri & Sat <b>Firelite Lounge</b>	1700-2200	Sun-Tue	Closed	V.ma Han	shar Club	
Sun, Tue-Thu	1630-2300	SPORTS/FITNESS CENTI Zama	ER 263-4664	Kure Har	bor Club	
Fri	1630-0330	Mon-Fri	0530-2030	■ MWR Office	0800-1630	256-2580
Sat	1900-0230	Sat-Sun, Holidays	1000-1800			256-2581
USA Dining Room Tue, Thu & Sun	1700-2100	Sagamihara	267-6122	Outdoor Recreation	0900/1700	256-2575
Wed	Closed	Mon-Wed, Fri-Sun		■ Dining Room	0700 0020	
Fri-Sat	1700-2200	Thu <b>Depot</b>	Closed <b>268-4729</b>	Mon-Fri (Breakfast) Mon-Fri (Lunch)	1130-1300	
■ HOB NOB INN	267-6097	Wed-Fri	1200-1900	Tue-Sat (Dinner)	1630-2000	
Lounge & Game Room		Sat-Sun	1200-1800	■ Bar		
Mon, Tue- Thu Wed	1630 - 2100 1630 - 2300	Mon-Tue	Closed	Mon	1630-2000	
Fri, Sat	1630 - 2300	Child and Youth Serv	ices Branch	Tue-Sat  PX / CLASS 6	1630-2200	
Sat	1900 - 0100	Simulana loutii Sel t	nocs Branch	Mon-Fri	0900-1730	
Sun	Closed	■ ADMINISTRATIVE OFFI	CE 263-5701	Sat	1130-1530	
Restaurant (Closed)		i .		I .		



Regular tee times. Cost is \$10.

• For more information, phone 263-4133

This event will be conducted throughout the summer, culminating with an 18 hole final in August. You must have a current USGA Handicap Index to participate. Call the golf shop at 263-4224 for details.



## AT THE COMMUNITY CULTURAL CENTER

